



**NOVEMBER 29TH- 30TH, 2019**

# PANHANDLE NATIONALS

**2 DAY WRESTLING TOURNAMENT**



## FORMAT

WRESTLING WILL BEGIN AT 6PM ON FRIDAY, NOVEMBER 29TH DOUBLE ELIMINATION WITH CHALLENGE FOR 2ND PLACE

WRESTLING WILL CONTINUE AT 9AM SATURDAY, NOVEMBER 30TH

TIME PERIODS ARE TOTS & DIV 1-1-1-1; DIV 2-DIV 5=11/2-11/2-11/2 AGE DETERMINED AS OF AUGUST 31ST, 2019

**DEADLINE FOR SIGN-UP: NOVEMBER 23RD**

**ALL DIVISIONS \$45.00, LATE REGISTRATION 11-24 THRU 11-28**

**WEIGHT INSURANCE IS \$10.00 WITH EARLY REGISTRATION / \$25 AT WEIGH-INS**

**CHANGING OF WEIGHT CLASS CAN ONLY GO UP, NOT DOWN**

**WEIGH INS; FRIDAY NOVEMBER 29TH 1-4PM**

WRESTLERS MUST WEIGH IN COMPETITION SINGLET, NO STRIP DOWNS ALLOWED, ONE WEIGHT/ONE DIVISION HEAVYWEIGHT ENTRIES MUST HAVE ACTUAL WEIGHT WITH ENTRY FOR BRACKETING, ALL WRESTLERS MUST HAVE USAW MEMBERSHIP, NO DAY PASSES FOR NON USAW MEMBERS.

**OPEN CHAMPIONS WIN A BELT  
TO EACH WINNER OF DIVISION  
& CUSTOM MEDALS 2ND-6TH**

**GIRLS CHAMPIONS WIN A BELT  
TO EACH WINNER OF DIVISION  
& CUSTOM MEDALS 2ND-4TH**

**DIVISION AND WEIGHTS ARE POSTED IN TRACK WRESTLING**

**ADMISSION \$15 CHILDREN 6 & UNDER FREE! DOORS OPEN AT 5:00PM ON NOVEMBER 28TH AND 7:30AM ON NOVEMBER 30TH  
(WRISTBAND IS FOR BOTH DAYS) TOURNAMENT DIRECTOR: RYAN DIAZ 806-206-6325 OR RYANDIAZ@SUDDENLINK.NET**

**RULES: NATIONAL FEDERATION HIGH SCHOOL RULES: HEADGEAR MANDATORY FOR ALL WRESTLERS, COACHES MUST MEET THEIR STATE ORGANIZATIONS COACHING REQUIRED, ONLY 2 COACHES PER CORNER.**

**NUMBER OF WRESTLERS PER COACH PASS 1-1, 2-3/2, 4-8/3, 9-16/4, 17-25/5, 26-33/6, 34-41/7, 42-49/8, 50+/9**

**NO FLOOR PASSES WILL BE SOLD, ADDITIONAL COACHES BANDS ARE \$40 EACH, MUST HAVE COACHES CARD TO BUY.**

**SKIN DISORDERS WILL REQUIRE DOTORS CLEARANCE USING NFHS FORM ONLY. SKIN AND FINGERNAILS WILL BE CHECKED.**

